Look of Luxury

Regardless of the seasons, looking your best is always in fashion – thankfully there's **ASIA HEALTHPARTNERS** on hand to deliver an array of treatments

Stepping into Asia HealthPartners is an unspoken pledge towards a brand new you, complete with added confidence. Whether you're looking to plump up lost volume or lose those lines and kilos, Asia HealthPartners offers clinically proven aesthetic and plastic surgery treatments, carried out with the expertise of Colin Tham and Vanessa Phua.

Having honed his craft in both cosmetic surgery and non-invasive aesthetic procedures, Tham is an accredited specialist plastic surgeon and director of aesthetics at Asia HealthPartners. He is known for eyelid surgery, breast enhancement, high-definition LipoSculpture and hair transplants. In 2008, he set up HairAesthetics by Asia HealthPartners, Singapore's most comprehensive medical and surgical hair restoration centre, where he performs hair and eyebrow transplants regularly.

At Asia HealthPartners, Tham performs Vaser LipoSelection, an ultrasound-assisted liposuction that helps you regain a slender, healthy-looking figure. The procedure is a highly refined and gentler form of liposuction, and has the advantages of providing smoother contouring, precise control especially in delicate areas, less downtime, as well as reduced bruising, pain and swelling. It selectively breaks down fat cells, making them easier to remove while leaving important structures such as blood vessels, nerves and connective tissue largely intact. The pain factor is low to minimal, and minor swelling and bruising means you can get back into the swing of things after a quick recovery period. Also leveraging on the Vaser technology is the Hi-Definition LipoSculpting, which creates a toned look in the form of an abdominal "six-pack" for men or a lean midsection for women.

Trained in ophthalmology and aesthetic medicine, Phua is a physician who administers the clinic's wide range of non-surgical and minimally-invasive procedures. Always at the forefront of aesthetic medicine, she is respected and sought after for her expert knowledge on the topic, and recently spoke on advancements in minimally invasive threadlifts at the annual general meeting of The Society of Aesthetic Medicine Singapore. Inspired by her own passion for life, Phua's latest Joie De Vivre suite of aesthetic enhancements covers both face and body concerns.

Facial symmetry is often associated with the archetypal beauty, and a youthful, symmetrical face is normally characterised by definition with smooth curves and volume in the cheeks. As time and gravity start to set in, we lose hydration, muscle support and elasticity in the face, making way for wrinkles and deep folds to form.

Asia HealthPartners offers clinically proven aesthetic and plastic surgery treatments

The Joie De Vivre Face Enhancements aim to reverse the signs of ageing with Phua's signature brand of non-surgical facial rejuvenation, with clinically proven dermal fillers to restore plumpness in the cheeks and smooth out lines for a youthfully proportionate visage. The secret to the natural-looking results is the biocompatible hyaluronic acid-based filler that has a three-fold effect – it acts as a scaffold structure for collagen regeneration; hydrates the skin from within; and lifts the soft tissue to a higher plane. Also part of the series is the Joie De Vivre Beautiful Breasts and Buttocks rejuvenation, which focus on achieving fuller, more voluptuous curves. Employing a non-surgical method of injecting biodegradable premium fillers, instant results with minimal recovery time can be expected.

Even with all this focus on your face and curves, be sure not to neglect your hands. They can give away your age, as they are constantly exposed to the elements and thus especially prone to ageing. Rounding out the comprehensive range of aesthetic treatments is Phua's Papillon Hand Rejuvenation, which uses Radiesse, an FDA-approved semi-permanent dermal filler that is carried only by a group of select aesthetic clinics, Asia HealthPartners being one of them. Radiesse is made from a biocompatible substance that's identical to what's naturally found in the body, and contains advanced calcium-based microsphere technology. Key benefits include its robust texture and collagen-induction properties, and it is especially effective in rejuvenating and contouring the hands, chin and cheeks. ■

ASIA HEALTHPARTNERS
05-06 Lucky Plaza
304 Orchard Road.
Tel: 6235 8411

Clockwise from Far Left Vanessa Phua's signature treatment, the Joie De Vivre face enchancements, will renew you for the festive season; Asia HealthPartners lobby; Colin Tham