

SCOOP IN JUNE

EVENTS, PROMOTIONS & NEWS



▲ YOUTHFUL AND RADIANT SKIN

RAPTURE is an anti-ageing cosmeceutical range by aesthetics physician, Dr Vanessa Phua. The line includes Rapture Mineral BB Solar Protector - a multifunctional cream that acts as a cover-up, mineral sunblock and moisturiser; Rapture Ageless Regenerative Serum which revitalises and nourishes cells in the epidermis; and the Rapture Ageless Eye Elixir that will leave the eye contour area looking fresh and radiant. Suitable for all skin types, the range promises results with four weeks of regular use.

▼ A PERFECT BLEND

It's black, it's white, and it's a perfect blend of both. Enjoy the refreshing goodness of **YEO'S** Black Soy Milk - a delightful mix of soyabeans and black soyabeans. The latter are known to help lower cholesterol and prevent obesity. Savour this drink chilled on its own or create a delish Azuki black soya slushy by blending 250ml



▲ EASY R

For those long-strap on the lig **BELT H2O 2-Bc** elastic waistba

THE COMPLETE MIND & BODY GUIDE FOR WOMEN



SPAS HEALTH/FITNESS MAGAZINE OF THE YEAR 2010 WWW.SHAPES.COM.SG

THE AGELESS SPECIAL

LOOK 10 YEARS YOUNGER

+ Healthy eyes, great teeth & flawless skin

THE FAB ABS WORKOUT
Olympian-approved!



SHOP TO LIVE LONGER (PG 73)

SINGAPORE JUNE 2011 \$6.00

SIZZLE IN SHORTS BY JUNE 30

5min lunchtime moves (HOT BODY GUARANTEED)

WHAT YOU REALLY NEED IN A SUNSCREEN

Sin-less sweets
From waffles to cheesecakes