



body

Dermal Fillers for Neck, Hands and Decolletage

PAPILLON HAND REJUVENATION

Radiesse, an FDA-approved dermal filler, is a semi-permanent treatment that plumps up moderate to severe wrinkles. The procedure involves about five small injections on the top of each hand. Aside from slight aching that lasts a few hours, there is no downtime – patients can immediately resume normal activities, except for sports requiring rigorous hand movements like tennis. The result lasts 18 to 24 months. The treatment can be used on cheeks and chin as well. Available at Asia Healthpartners.

RESTYLANE VITAL LIGHT

The watery dermal filler gel is similar to hyaluronic acid and plumps up surface skin on hands, neck and decolletage that looks crepey, dry and has fine lines. It's ideal for needle-phobic women as the dermal filler is dispensed with a customised injector that has a tiny needle. The result lasts between six months and a year for women in their mid- to late 20s, with no downtime. Cost: \$1,070 a session or for 2ml (200 doses). Available at Calvin Chan Aesthetic & Laser Clinic.



GEL HIGHLIGHTS

Fans of Chanel's Coco Mademoiselle fragrance will love its Shimmering Touch (\$130), a fresh body gel that doubles as a scent and shimmer for the decolletage and wrists. The gel isn't sticky and shimmer is subtly sexy. The scent is so intense that just a few dabs are all that's needed to last you the entire night.

BEAUTY BEVERAGE

The Meiji Amino Collagen Premium anti-ageing drink (\$89) features an additional two ingredients to its original mix of collagen and vitamin C – Coenzyme Q10 and hyaluronic acid – to help skin recover more quickly from daily stressors. The former is a potent antioxidant that slows down the ageing process, and the latter plumps and moisturises skin. From Guardian, Watsons, OG, and Robinsons.



Smell Fresh

Nuxe Tonic Deodorant (\$21.90) is a roll-on for sensitive or reactive skins. Containing no skin-irritants like aluminum salts, alcohol, mineral oils, artificial colours or parabens, it promises to deliver long-lasting protection without leaving white stains on dark clothes. The best bit: It's non-sticky, so you can dress right away. Has a delightful fresh unisex scent of lemon, jasmine and cedarwood, and doesn't sting skin after hair removal. From Robinsons, John Little and selected Guardian stores.

